



iVoteCatholic
Family, Community & Participation

Lesson Plans & Activities

Activity 1:

- Objective: to help yourself and your kids create a working definition of family and community. To help them understand why their family unit is important and what role it plays in society. It is also helpful for them to know that they are a VITAL piece of the family puzzle, and they have a unique part to play in their family dynamic, that if they were not there, the family would not be complete.
- First: Have your kids draw a picture of your family. Let them each take a moment to show you what they drew.... Then ask them, a few of the discussion questions listed above to get a conversation flowing... (Note: some questions may need to be adjusted based on age of children/participants) The questions may spark other discussions. Let the conversation flow. As a family, discuss why each member is important to the whole. Allow for a few minutes of affirmation for each family member.
- Supplies needed: Paper, and coloring utensils

Activity 2 *(to be done after activity one)*:

- Now that we have a working definition of what defines the concept “community” and “family”, as well as who we are as “community” and “family”, brainstorm how you can live this out in your day to day life.
- Make a “bucket-list” of sorts that has activities, you want to do to build community. Include ways that you can serve your community as well, that could include, volunteering at a soup kitchen, planting a community garden, getting to know people from different cultures, learning about the history of your city, getting involved with a local nonprofit, visiting the nation’s capital, becoming more active in your parish community, inviting the parish priest over for dinner, having a family game night, go on a family camping trip, etc.